eat fruits & vegetables

5 a Day–for Better Health!

We are committed

Eat 5 or more servings of fruits and vegetables every day for better health!

Leading health authorities recommend eating at least **5** servings of fruits and vegetables every day. We are committed to serving a wide variety of fruits and vegetables to you, our customer. Eat **5** or more servings of fruits and vegetables every day for better health. It's easier than you think!