

RESTRICTED ITEMS

Below is not an all inclusive list:

100% of all shipments are x-rayed by Bahrain customs. Any items confiscated will be **DESTROYED**. If any of the below items are in your shipment, the owner of the shipment will be prosecuted in accordance with the law of Bahrain.

Vehicle: Willy Jeeps are restricted. Cars and motorbikes decorated with flat matt paint or matt vinyl wrapping are prohibited.

NO Weapons, such as but not limited to: uniform/ceremonial swords, bullet vest, handcuffs, firearms, pellet guns, rubber guns, paintball guns, live ammunitions, military knives, bullet shells & magazines, children's toy guns capable of firing projectiles etc.

No Radio/Remote controlled toys: drones, Segway, handheld radios, helicopter, planes, CB radios, personal satellite dishes, bugging or jamming devices, etc.

Jewelry: cultured pearls

No alcohol

NO pornographic material: magazines, DVDs, sex toys, etc.

NO gambling devices to include poker chips.

NO Israeli made products or bearing the Israeli trademark, like makeup.

Food: no pork or pork products/swine even in a can.

Medication: HAND CARRIER and must be from a medical authority.

Bahrain Personal Property Office Contact Information

Mailing Address:
PPSO Bahrain Director
Personal Property Shipping Office
PSC 851 Box 0050
FPO AE 09834-0480

Email:
m-ba-nsa-personalpropertybahrain@me.navy.mil

Phone: 011-973-1785-4265 (DSN: 318-439-4265)

Bahrain Vet Clinic

<https://www.facebook.com/NSA-Bahrain-Veterinary-Services-971320529564524>

Phone: 011-973-1785-4295 (DSN: 318-439-4295)

Bahrain Customs

www.bahraincustoms.gov.bh

OTHER HELPFUL LINKS:

Weight Allowance:
www.navsup.navy.mil/household/links/weight

Joint Travel Regulations (JTR):
[www.defensetravel.dod.mil/Docs/perdiem/JTR\(Ch1-10\).pdf](http://www.defensetravel.dod.mil/Docs/perdiem/JTR(Ch1-10).pdf)

"It's Your Move" booklet
www.navsup.navy.mil/household/move

Transportation Office Locator Map:
www.move.mil/common/locator_maps/transportation_offices.cfm

Vehicle Processing Center (VPC)
<https://www.pcsmypov.com>

Navy Military Claims Office (MCO):
www.jag.navy.mil/organization/code_15_packets_for_ms.htm

Marine Corps Claims Office (MCO):
hqmc.claims@usmc.mil
(703)784-9533



Bahrain Moving Tips

Marine Corps Assistance

usmcpersonalproperty@usmc.mil

Navy Assistance

Customer website:
www.navsup.navy.mil/household

Email: householdgoods@navy.mil

Phone: 1-855-HHG-MOVE (444-6683)

Social Media:

 www.facebook.com/navyhq

 www.youtube.com/navyhq

 www.pinterest.com/navyhq

 www.twitter.com/navyhq

Dependent Entry Approval (DEA)

DEA clearance is required to bring family members to Bahrain. Your family members household good shipment will not leave the states until your DEA has been approved and provided to your counselor. For more information: www.public.navy.mil/bupers-npc/support/distribution/Pages/DependentEntry.aspx

Certified Permanent Resident (CPR)

Upon arrival in Bahrain, go to Base Immigration with your passport(s) to obtain your VISA. CPR is a document you should keep handy during your assignment.

Pets

- ◆ Pets will be home quarantined for one month.
- ◆ Not all landlords will rent to pet owners
- ◆ **Bahrain Vet Clinic:** <https://www.facebook.com/NSA-Bahrain-Veterinary-Services-971320529564524>
- ◆ **Email:** nsa.vetclinic@me.navy.mil
- ◆ **Phone:** 011-973-1785-4295 / DSN 318-439-4295

Transit Times

How long will it take for shipments to arrive in Bahrain:

- ◆ East of the Mississippi = 75 calendar days
- ◆ West of the Mississippi = 80 calendar days
- ◆ Hawaii or Japan = 90 calendar days

Shipments arriving during **RAMADAN** (Islamic holiday) will be delayed at customs.

Types of Shipments

Members with Permanent Change of Station (PCS) orders to Bahrain are usually authorized the following shipment types:

Unaccompanied Baggage (UB)

- ◆ **Navy** authorizes no more than 600 lbs for member and 200 lbs per family member
- ◆ **USMC** authorizes 2,000 lbs UB for Accompanied Marines and 600 lbs for Unaccompanied Marines
- ◆ Items you need upon arrival like: clothing, bedding, basic pots and pans, small electronic, etc.
- ◆ **BABY** furniture like crib, pack and play, etc.
- ◆ Recommend shipment be picked up 30 days prior to main shipment since transit times is approximately 45 days.

Basic Household Good (HHG)

- ◆ The entry ways to homes are small
- ◆ Most homes are fully furnished and do NOT have built-in closets
- ◆ Furniture—keep in mind most housing options are fully furnished
- ◆ May want to bring your mattress and/or mattress pads—Bahrain beds can be hard
- ◆ If you like water sports, bring your items but keep in mind there is NO surfing in Bahrain
- ◆ If your shipment is late arriving and you have exhausted Temporary Living Allowance, Bahrain housing may be able to assign you to a month to month fully furnished apartment until your shipment arrives.

Storage Options

Non-Temporary Storage (NTS)

Suggested items to store at government expense during your assignment to Bahrain.

- ◆ Limit sentimental items: if there is an evacuation order you may not be able to take more than one suitcase
- ◆ Furniture can be stored
- ◆ Appliances, electronic and computers: power in Bahrain is 220v/50Hz. Transformers are available but equipment will run slower and extra wear and tear on items.
- ◆ Personal gym equipment: small flats or compounds have a gym, however larger villas could setup gym
- ◆ Yard tools/furniture: yard maintenance included with rent and if stored outside, lot of dust and sand in Bahrain that could damage items.

Storage-In-Transit (SIT)

Your UB and/or HHG shipments can be stored in Bahrain for 90-days at government expense. Extension on a case-by-case basis and only under extreme circumstances by coordinating with local HHG office. **PRIOR TO** expiration.